

# Identifying Potential Breast Carcinogens and Characterizing Sources in Consumer Products

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Northern California Genetic and Environmental Toxicology Association  
Symposium

4/17/25



**SILENT SPRING INSTITUTE**  
Researching the Environment and Women's Health



# Silent Spring Institute

- Massachusetts Breast Cancer Coalition founded Silent Spring Institute in 1994
- Our goal: prevent cancers by reducing people's exposure to harmful chemicals where they live, work, and play



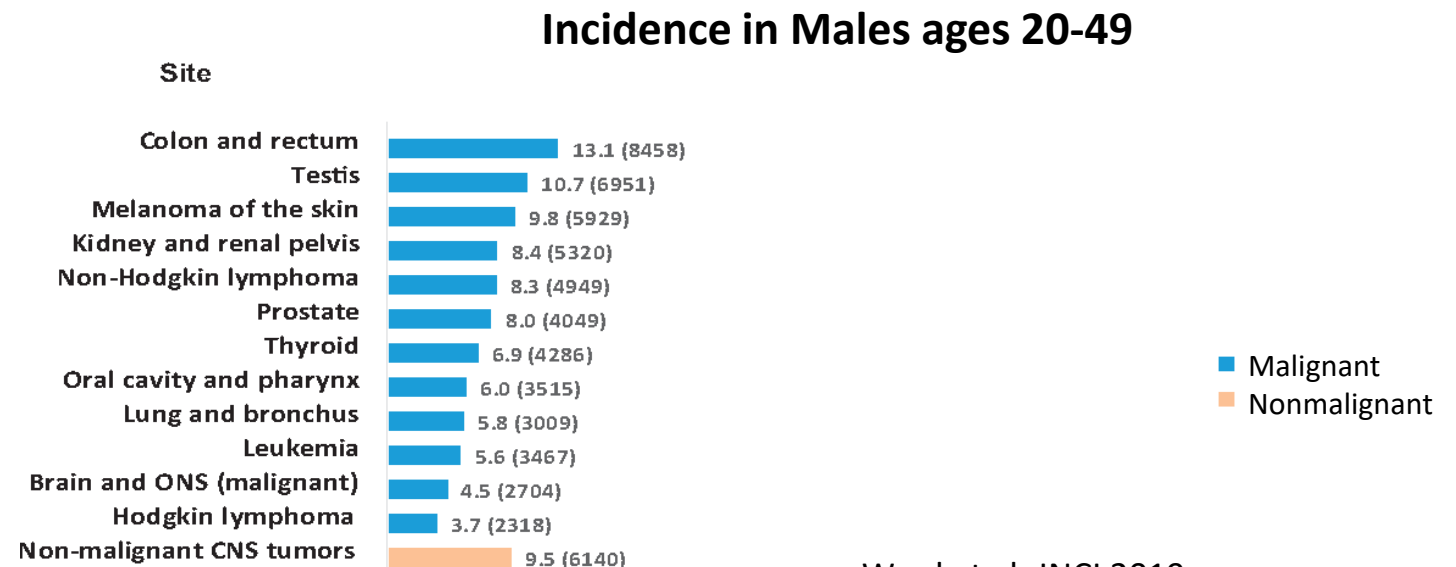
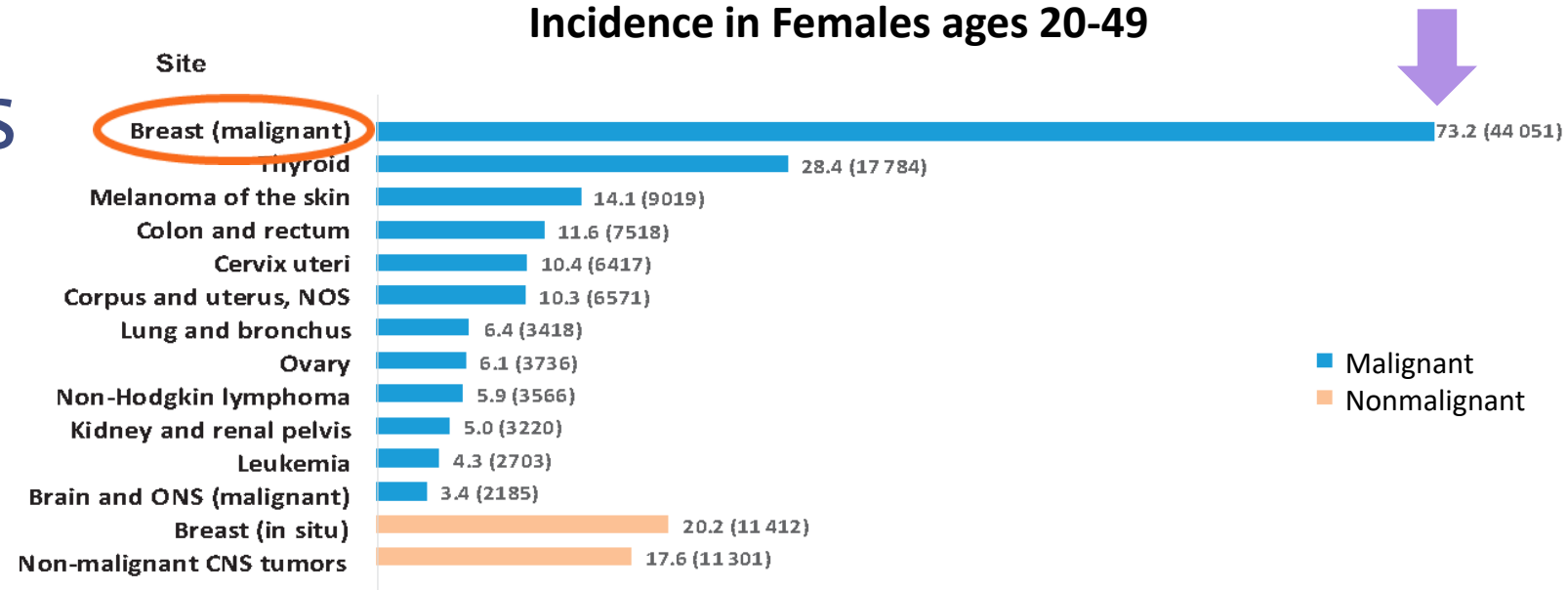
*"A lab of our own"*

## Who we are

Silent Spring Institute is a mission-driven scientific research organization dedicated to uncovering the environmental causes of breast cancer.

# Breast Cancer: a public health crisis

- #1 invasive cancer diagnosis in the US and worldwide
- 6x more prevalent than any cancer among males under age 50 in the US
- Rising in rate of diagnosis, esp. in younger females



# Outline

- Breast cancer-relevant chemicals (BCRCs) identified using the Key Characteristics of breast carcinogens
- Characterizing BCRC exposure sources and levels to prioritize research and action

Research Article | 10 January 2024

# Application of the Key Characteristics Framework to Identify Potential Breast Carcinogens Using Publicly Available *in Vivo*, *in Vitro*, and *in Silico* Data

This article accompanies INVITED PERSPECTIVE: NEW MOTIVATIONS AND FUTURE DIRECTIONS FOR INVESTIGATING ENVIRONMENTAL RISK FACTORS FOR BREAST CANCER.

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Publication: Environmental Health Perspectives • Volume 132, Issue 1 • CID: 017002 • <https://doi.org/10.1289/EHP13233>



Credit: Unsplash+

## More than 900 common chemicals linked to breast cancer risk: Study

Many of these chemicals are commonly found in food, hair products and skincare products.

by Kristina Manusc January 10, 2024 3 min read

## Inside Climate News

Science

## More Than 900 Widely Used Chemicals May Increase Breast Cancer Risk

Ninety percent of the chemicals identified as potential breast carcinogens in a new study are found in everyday products in homes and workplaces.

The Washington Post  
Democracy Dies in Darkness

## Over 900 chemicals linked to greater breast cancer risk by researchers

90 percent of the chemicals are found in commonly used consumer products, researchers say

By Linda Searing

The ASCO Post

## A New Approach to Identifying Consumer Products That Contain Cancer-Causing Chemicals<sup>5</sup>

# Key Characteristics (KCs) of Carcinogens

Features of exposures that cause cancer

Framework for evaluating potential carcinogens based on **mechanistic** effects (which can be measured quickly) rather than cancer (which takes a long time)

For breast cancer, focus on estrogen and progesterone

## Key characteristic:

**1. Is electrophilic or can be metabolically activated**

**2. Is genotoxic** AKA, damages DNA

**3. Alters DNA repair or causes genomic instability**

**4. Induces epigenetic alterations**

**5. Induces oxidative stress**

**6. Induces chronic inflammation**

**7. Is immunosuppressive**

**8. Modulates receptor-mediated effects**

**9. Causes immortalization**

**10. Alters cell proliferation, cell death, or nutrient supply**



# Breast Cancer Etiology

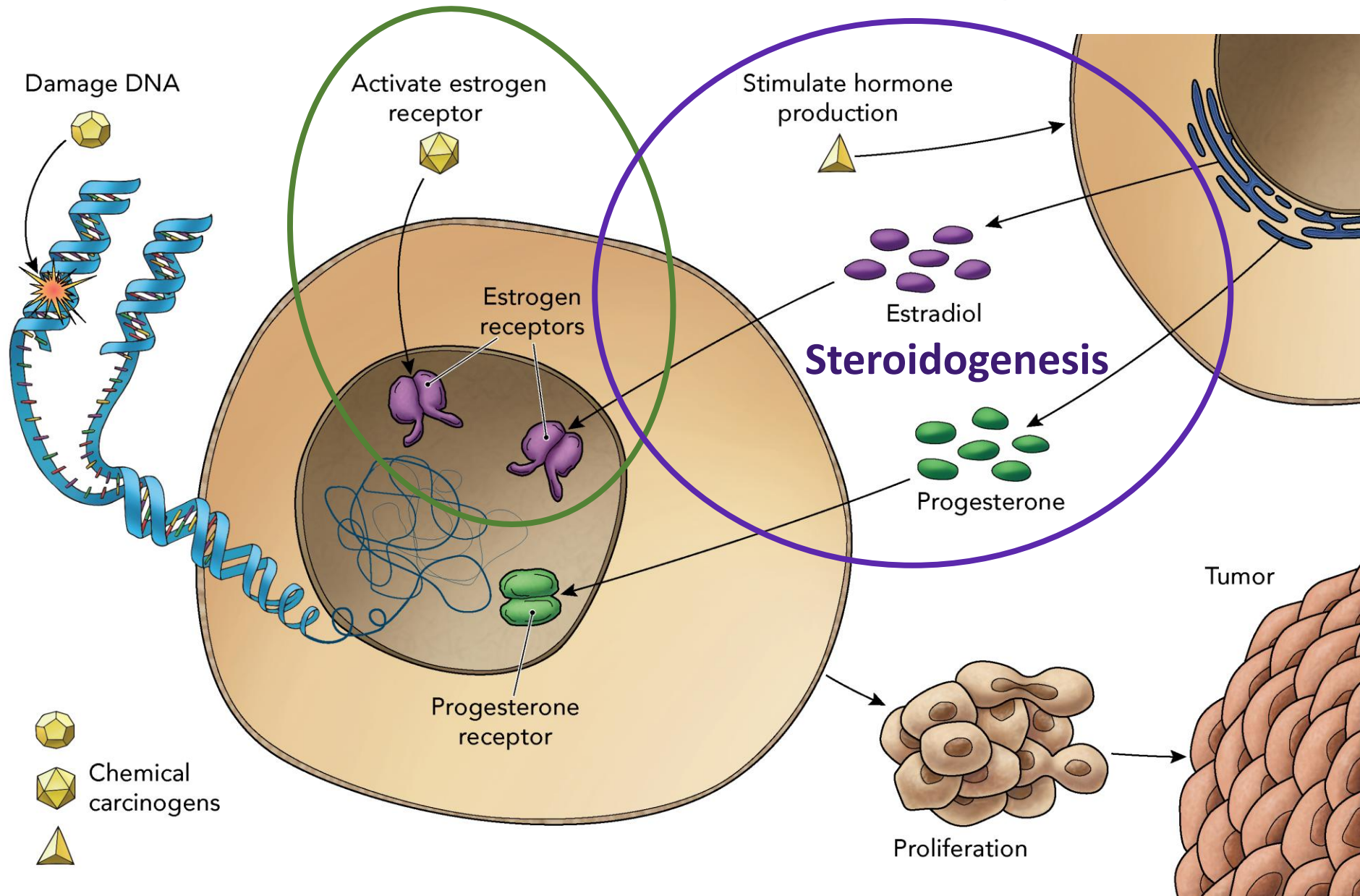


Image credit  
Jeff Dixon for  
Silent<sup>7</sup>Spring

# Breast Cancer-Relevant Exposures

920 chemicals, Ionizing radiation

## Rodent Mammary Carcinogens (MCs)

278 chemicals

Databases from International Agency for Research on Cancer  
National Toxicology Program

### Steroidogenic, ER activating, Genotoxic MCs

Dyes (azo-dyes, benzidine-based)  
Diethylstilbestrol

### Steroidogenic Genotoxic MCs

Chemicals in smoke (PAHs)  
Pesticides (atrazine, malathion, phosmet)  
Dyes (p-phenylenediamine)

## Progesterone (P4)

### Chemicals

P4-up, 515 chemicals  
Chemical screening

## Estrogen Receptor (ER)

### Well-Known Endocrine Disruptors

Phthalates  
Bisphenols  
Parabens

## Genotoxicity

Databases from US and international agencies

Type of Evidence

**Adverse outcome**  
*In vivo*

**Mechanistic**  
*In vitro*

**Mechanistic**  
*In vivo and in vitro*



# A comparison group:

## Putative Non-Mammary Carcinogens

NTP and EPA cancer bioassay databases

- 850 chemicals tested in a 2-year cancer bioassay with no mammary tumor induction reported
- Why “putative”?
  - Some may have had mammary tumors inappropriately dismissed, as we found for 28 MCs we flagged previously
  - Some may have only been tested in mice, which rarely develop mammary tumors
  - The 2-year bioassay design has weaknesses for detecting mammary carcinogens, especially for endocrine disruptors...

# What bioassays miss

## What we need to look at

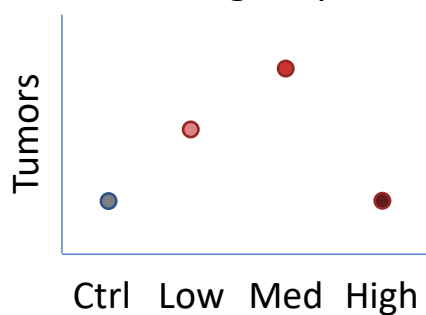
Exposure *in utero*  
and in adults



Large (longitudinal)  
cross section from  
every animal



All dose groups



## What we do look at

### EPA

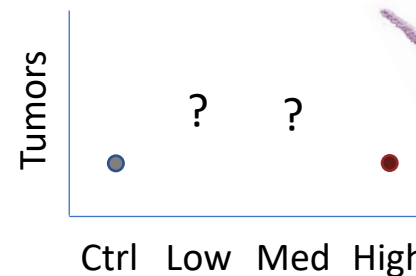
Exposure in  
adults



Macroscopic  
(visible) tumors  
from all groups



Tiny (transverse) cross section in ctrl  
and high dose, sometimes others

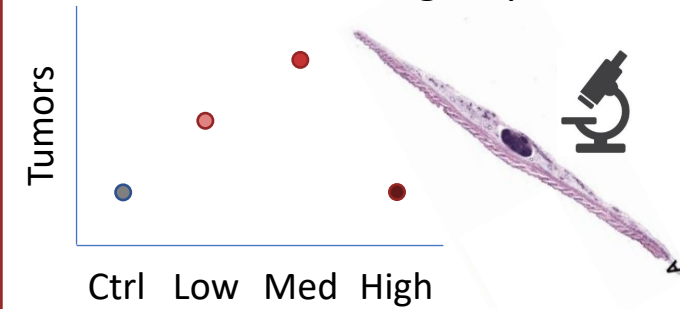


### NTP

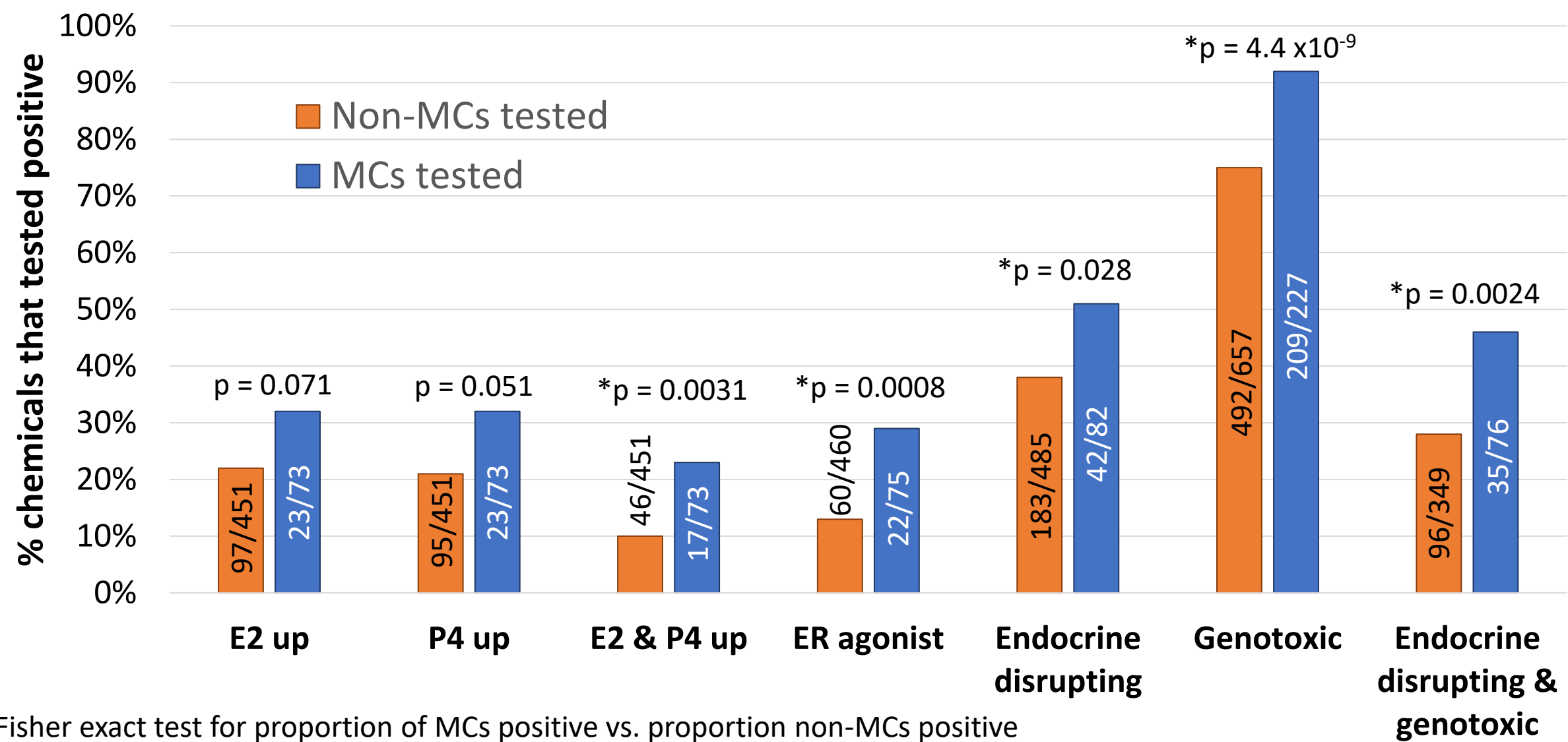
Exposure in adults, sometimes  
*in utero*



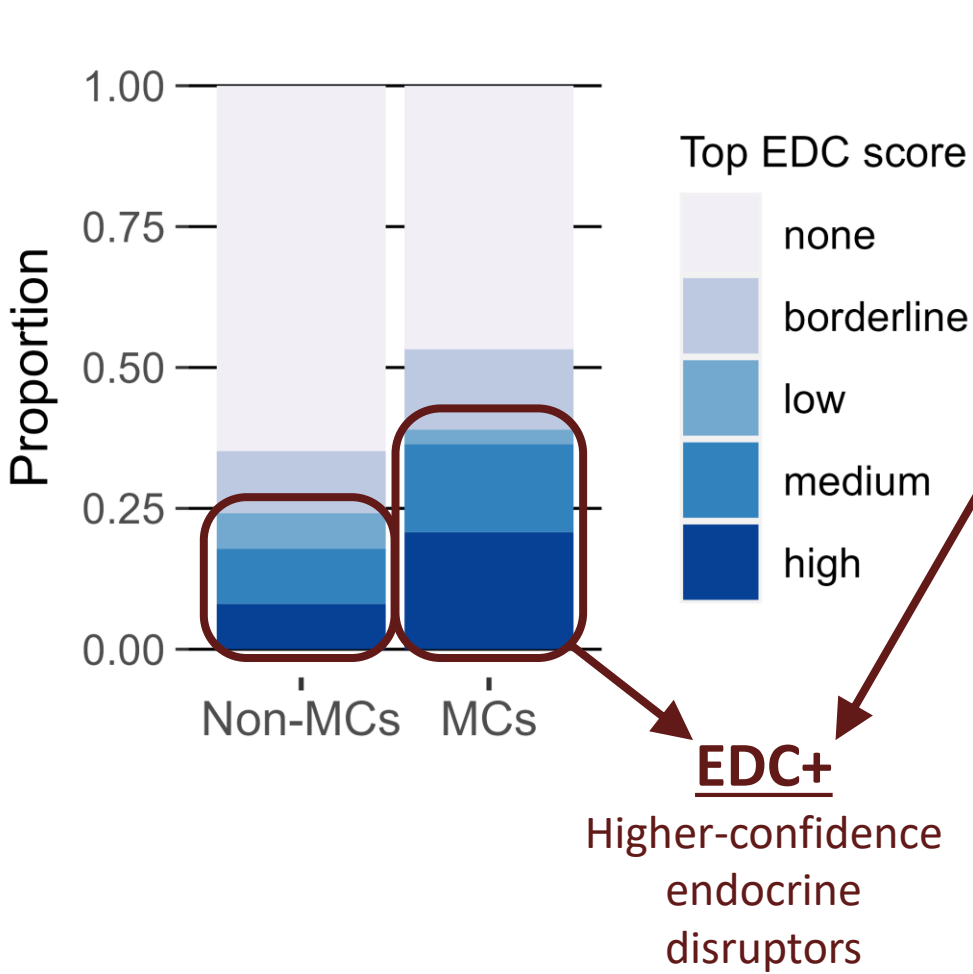
Tiny (transverse) cross section  
from all dose groups



# MCs are enriched for BC-relevant KCs vs. Non-MCs



# MCs are more likely to be stronger EDCs

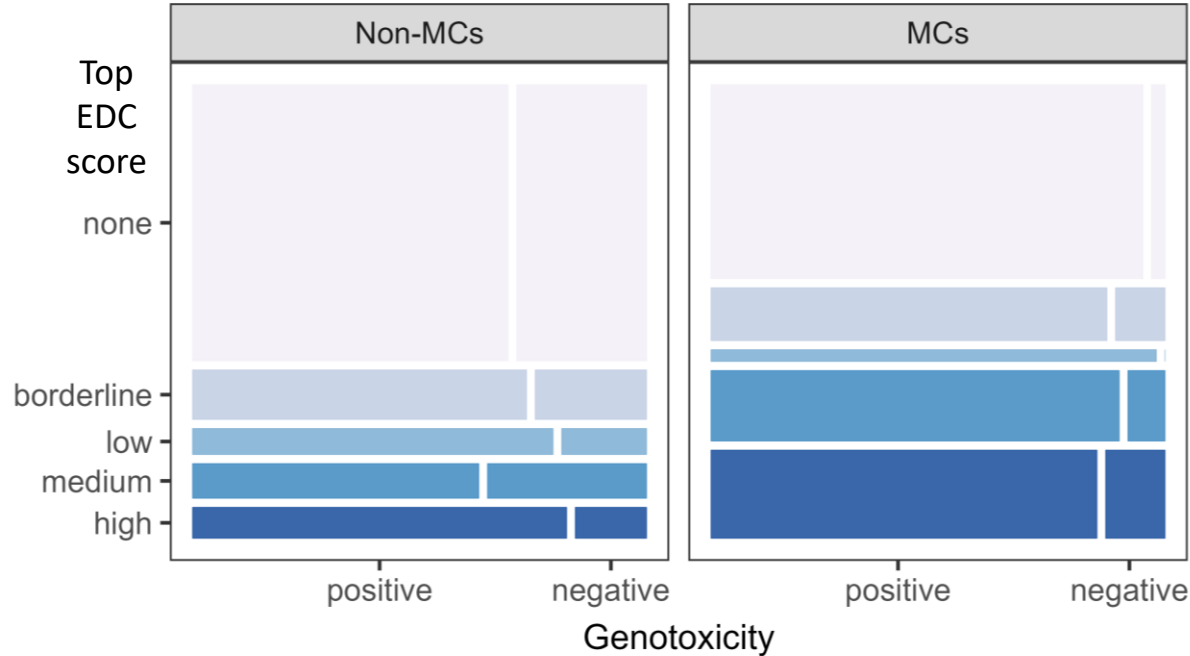


Top EDC score	# Non-MCs	% Non-MCs	# MCs	% MCs	Fold-diff	p-value
High	38	8%	16	21%	2.6	*0.0015 <sup>a</sup>
Medium	46	10%	12	16%	1.6	0.16 <sup>a</sup>
Low	30	6%	2	3%	0.4	0.29 <sup>a</sup>
Borderline	52	11%	11	14%	1.3	0.44 <sup>a</sup>
None	306	65%	36	47%	0.7	*0.0033 <sup>a</sup>
Total	472		77			
Trend <sup>b</sup>						*2.1 E-4 <sup>b</sup>

<sup>a</sup>Fisher exact test for proportion of MCs positive vs. proportion non-MCs positive

<sup>b</sup>Two-sided Cochran-Armitage trend test for strength of endocrine activity in MCs vs. non-MCs

# MCs are more likely to be stronger EDCs and genotoxic



Top EDC score	Gentox	# Non-MCs	% Non-MCs	# MCs	% MCs	Fold-diff	p-value
High	+	21	6%	13	18%	2.9	*0.0032 <sup>a</sup>
Medium	+	18	5%	11	15%	2.9	*0.0084 <sup>a</sup>
Low	+	17	5%	2	3%	0.6	0.55 <sup>a</sup>
Borderline	+	30	9%	8	11%	1.3	0.51 <sup>a</sup>
None	+	158	47%	32	45%	1	0.79 <sup>a</sup>
Trend <sup>b</sup>	+						*0.0012 <sup>b</sup>
High	-	3	1%	2	3%	3.2	0.21 <sup>a</sup>
Medium	-	10	3%	1	1%	0.5	0.7 <sup>a</sup>
Low	-	4	1%	0	0%	0	1 <sup>a</sup>
Borderline	-	10	3%	1	1%	0.5	0.7 <sup>a</sup>
None	-	65	19%	1	1%	0.07	*2.6 E-5 <sup>a</sup>
Trend <sup>b</sup>	-						*0.0024 <sup>b</sup>
Total		336		71			

<sup>a</sup>Fisher exact test for proportion of MCs positive vs. proportion non-MCs positive

<sup>b</sup>Cochran-Armitage trend test for strength of endocrine activity in MCs vs. non-MCs



# Conclusions, part 1

- We identified hundreds of potential breast carcinogens by combining traditional cancer studies with *in vitro* screening data
- Rodent MCs are more likely to increase E2/P4 synthesis, activate the ER, and cause DNA damage vs. non-MCs
  - Stronger *in vitro* activity → higher likelihood of cancer risk
- Endocrine activity can flag likely MCs, but *lack of activity does not indicate the chemical is not an MC*
  - E2/P4 steroidogenesis and ER activation are important BC-relevant activities, but there are many others (and most lack methods to screen chemicals for them)
- Work ongoing to identify the most important exposures and target for reduction

# Coming soon!

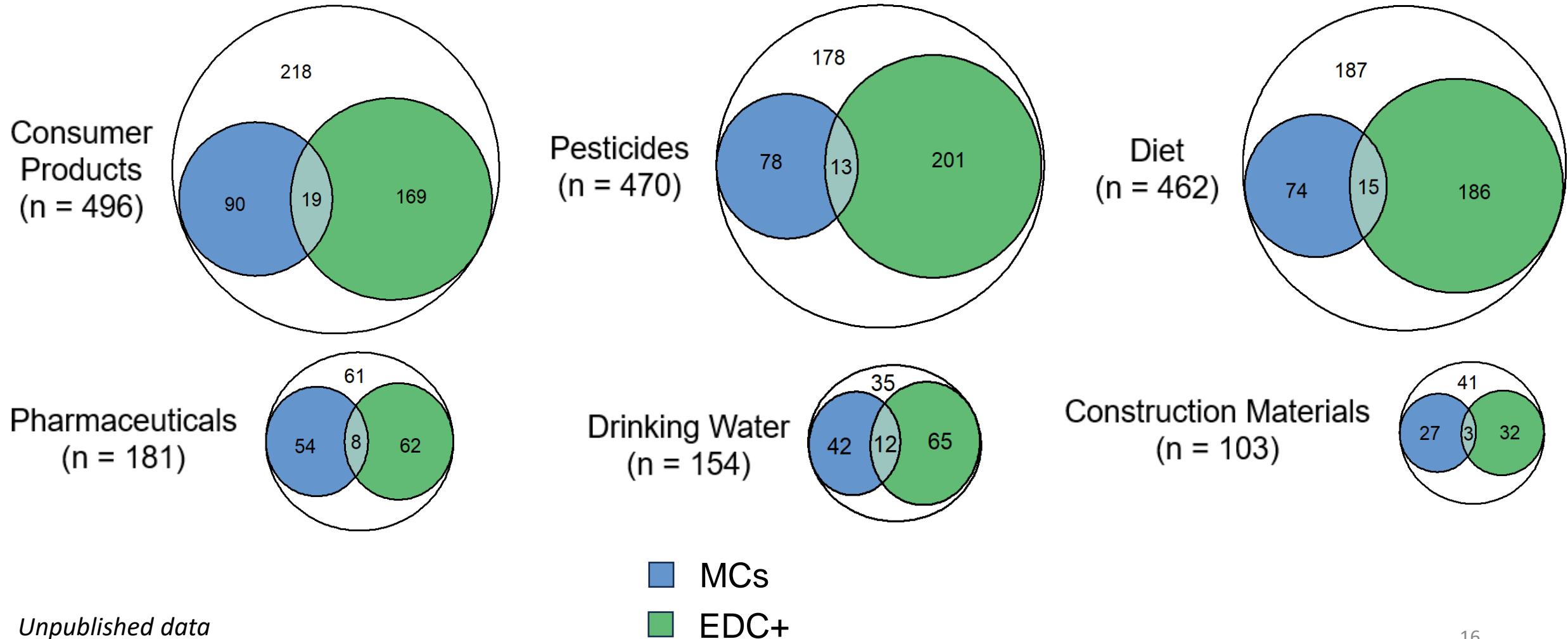
We've identified many potential BC hazards – now what?

Further prioritize them for reduction and research!

- Exposure sources
- Biomonitoring and predicted intake levels
- Annual production and environmental releases
- Current regulations

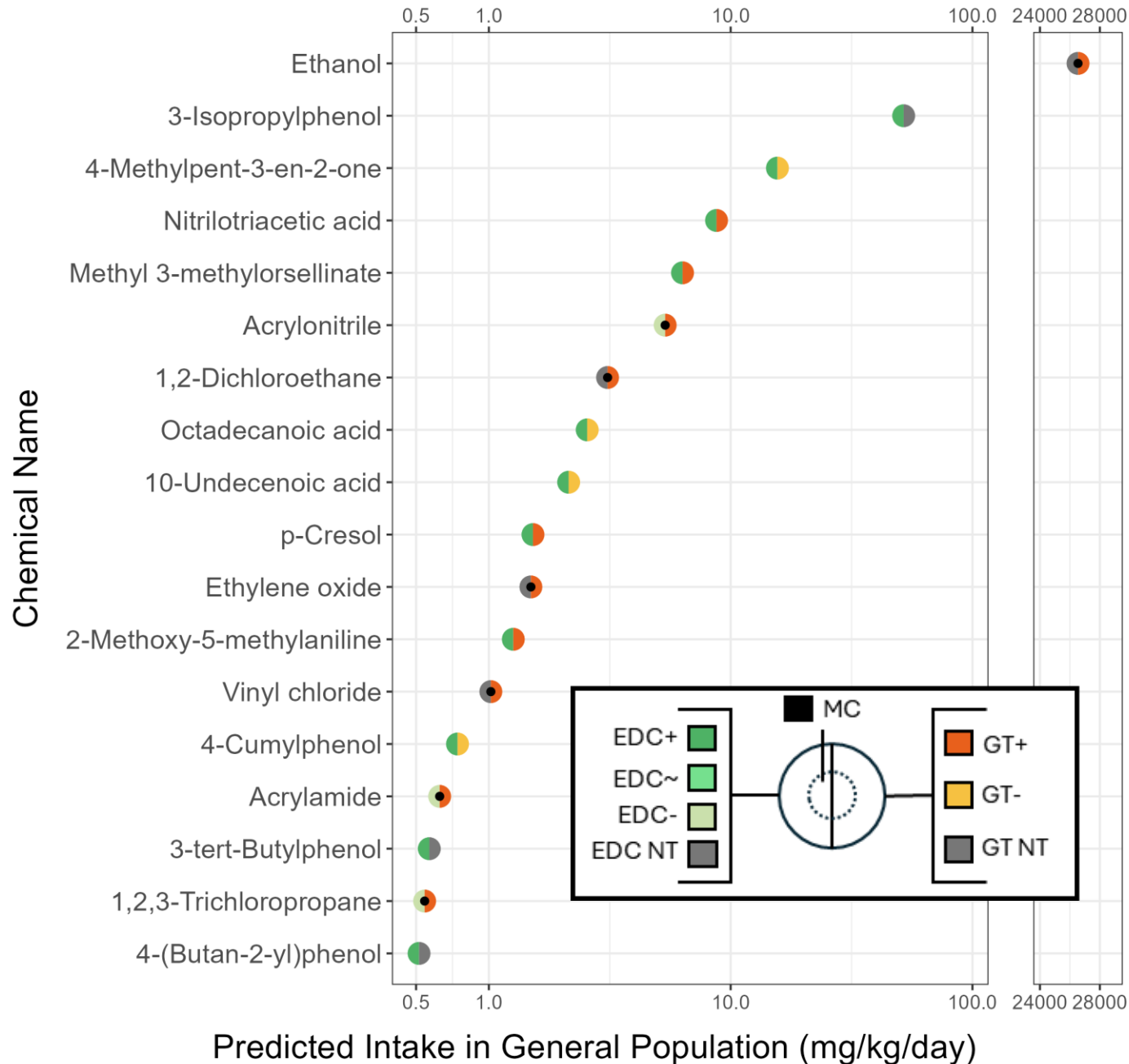


# Exposure sources of BCRCs



Unpublished data

## Predicted Intake Levels by Toxicity Characteristic

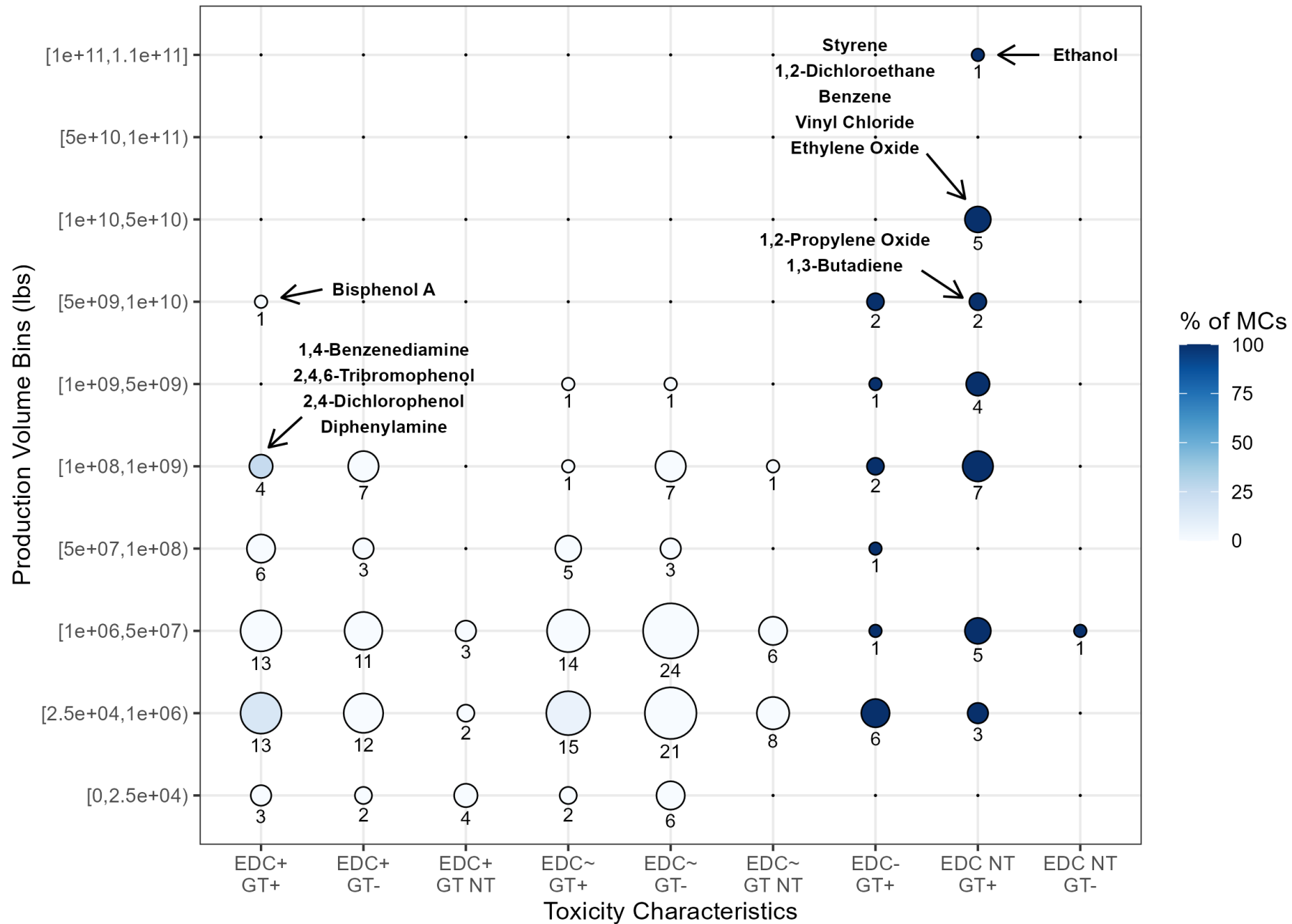


## Predicted daily intakes

- Predicted daily intake levels according to EPA modeling (high end of prediction)
- BCRCs in consumer products that are MC/EDC+, with intake > 0.5 mg/kg/day

Unpublished data

TSCA Production Volume for BCRCs in 2019 (n = 240)



# Production Volume

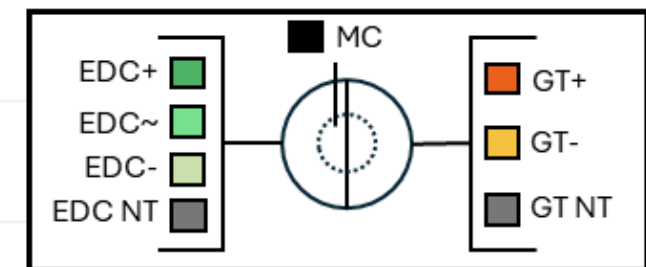
- Reported under Toxic Substances Control Act
- Lbs of chemicals produced or imported in 2019 (most recent available)



# Integrating BCRC exposure data

Prioritize by

- Biological effect
- Uses
- Intake levels
- Production volumes
- (and more)

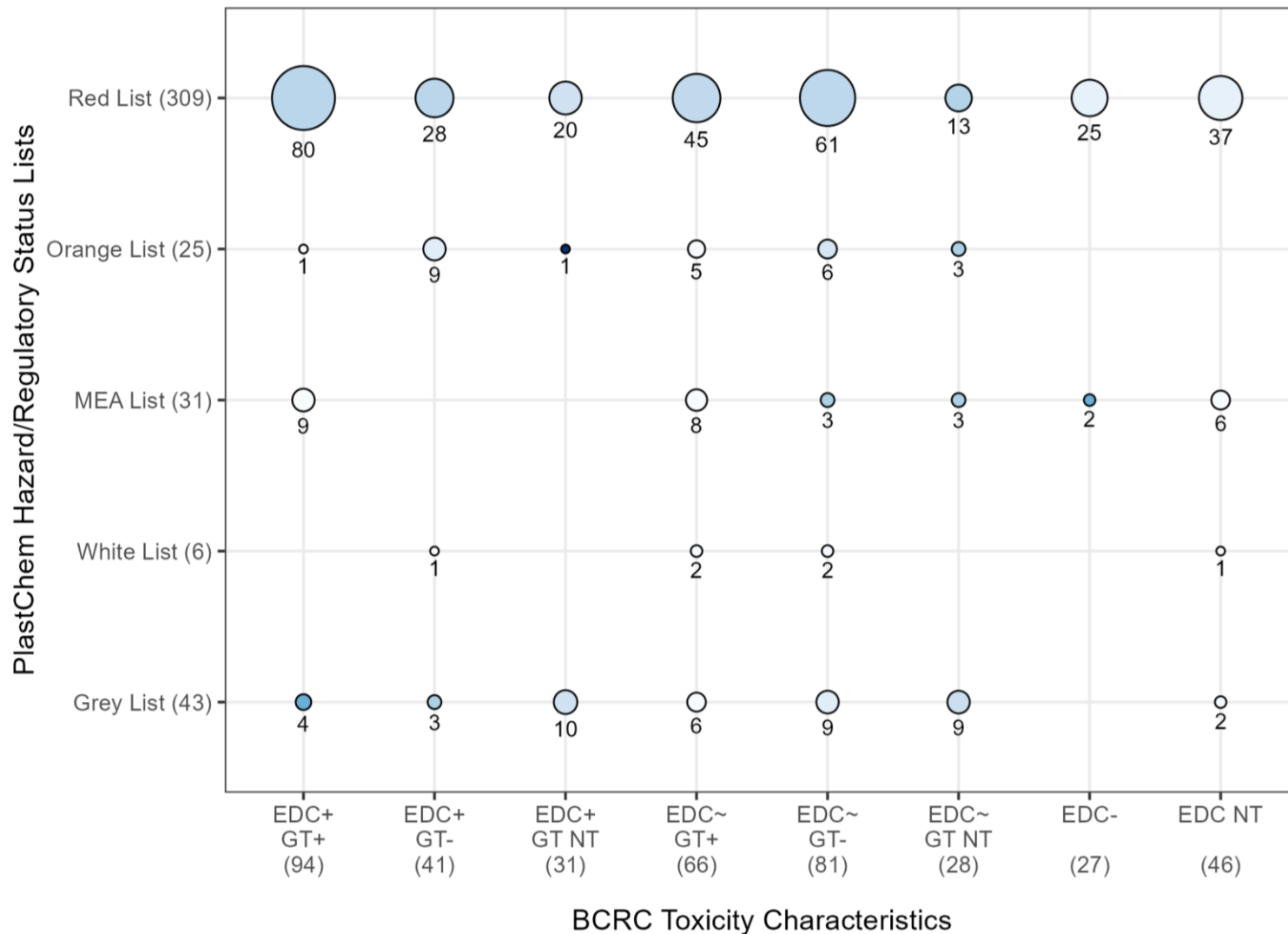


Unpublished data

Chemical Name	Toxicity Characteristics	Exposure Sources	Predicted Intake (mg/kg/d)	Production Volume (millions of lbs/y)
1,1-Dichloroethane			0.1823	100– <1000
1,2,3-Trichloropropane			0.5424	1– <20
1,2-Dichloroethane			3.097	30000– <40000
1,2-Dichloropropane			0.4597	100– <1000
1,2-Propylene oxide			0.1063	1000– <5000
1,3-Dichloropropene			0.4908	20– <100
11-Aminoundecanoic acid			0.9536	1– <20
2,4,6-Tribromophenol			1.112	20– <100
2,4-Dichlorophenol			0.8411	20– <100
2,4-Dimethylphenol			0.1526	10– <50

# Potential Breast Carcinogens in Plastics

- Crossed our list with PlastChem Database
- Found 414 BCRCs in plastics
  - 98 MCs
  - 94 genotoxic EDC+
  - 88 in prioritized hazardous structural groups



% of Chemicals in PlastChem Structure-Based Priority Groups

0 25 50 75 100

## PlastChem Hazard/Regulatory Status Lists

Red List contains chemicals classified as hazardous and not regulated by multilateral environmental agreements (MEAs); Orange List = classified as less hazardous and/or proposed for regulation, MEA List = regulated under MEAs, White List = classified as not hazardous, Grey List = no hazard data

*Shakti et al., ES&T Letters 2024,  
DOI: 10.1021/acs.estlett.4c00942*

# Proposition 65

- California's Safe Drinking Water and Toxics Enforcement Act (aka, Prop 65)
  - List of carcinogens and reproductive/developmental toxicants identified from authoritative lists & scientific committee review
  - Prohibits discharge of listed chemicals
  - Requires notice of potentially harmful chemicals in products
- Implications
  - Consumer right-to-know
  - Basis for chemical restrictions (in- and out-of-state)
  - Promote use of safer alternatives

## CALIFORNIA PROPOSITION



## 65 WARNING



**WARNING:** This product contains chemicals known to the State of California to cause cancer and birth defects or other reproductive harm.


For more information: [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)

## Kristin E. Knox,\* Robin E. Dodson, Ruthann A. Rudel, Claudia Polsky, and Megan R. Schwarzman

**Cite This:** <https://doi.org/10.1021/acs.est.2c07247>



Metrics & More

 Article Recommendations

Supporting Information

Prop 65 VOC Emissions (tons per year)

Category	Chemical Structure	Approximate VOC Emissions (tons per year)
Paint Strippers	<chem>ClC(Cl)=C</chem>	1000
Vehicle Care Products	<chem>c1ccccc1</chem>	400
Mothballs	<chem>Clc1ccc(Cl)cc1</chem>	300
Energized Electric Cleaner	<chem>ClC(Cl)=C</chem>	200
Caulking Compounds	<chem>c1ccccc1</chem>	100

**WARNING**  
Cancer and Reproductive Harm  
Proposition 65

# California Air Resources Board (CARB) chemical emissions from products

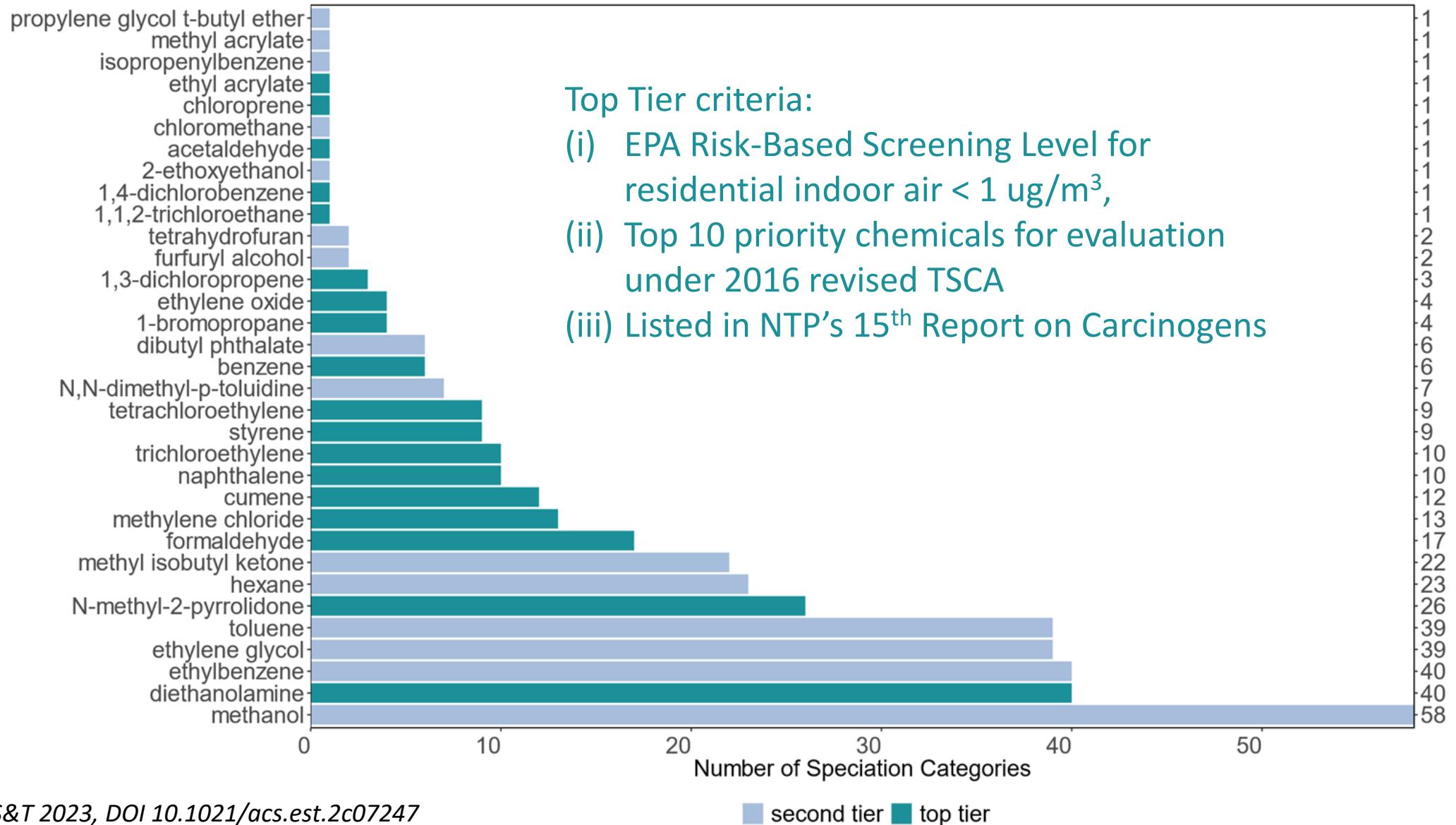
- CARB goal: mitigate smog-forming pollutants
- Based on surveys of CA manufacturers:
  - Collects volatile organic compound (VOC) **ingredients** in consumer and commercial products
  - Groups products into general **product categories**
  - Generates **emissions estimates** using fate and transport assumptions



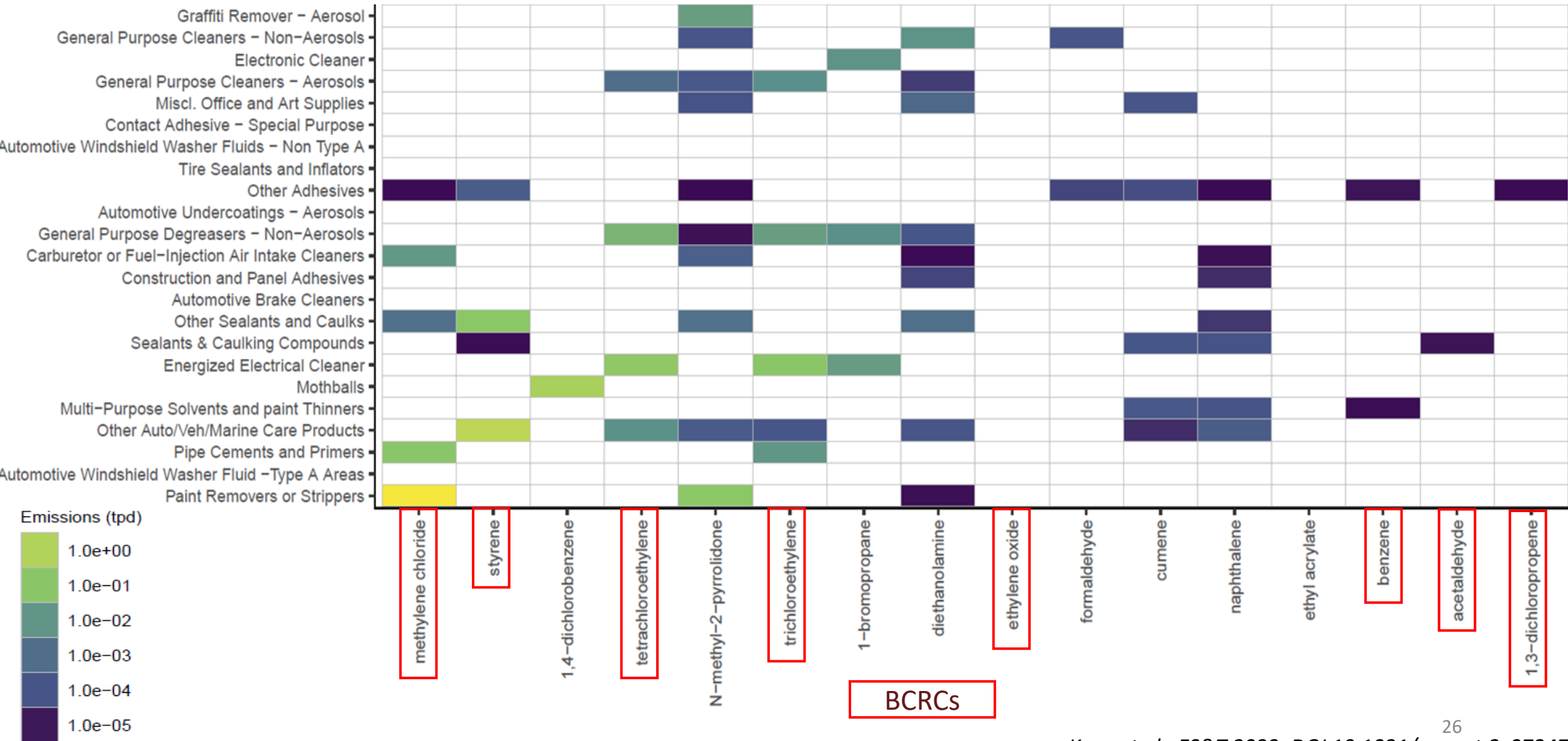
# Using CARB data to understand hazardous emissions from products

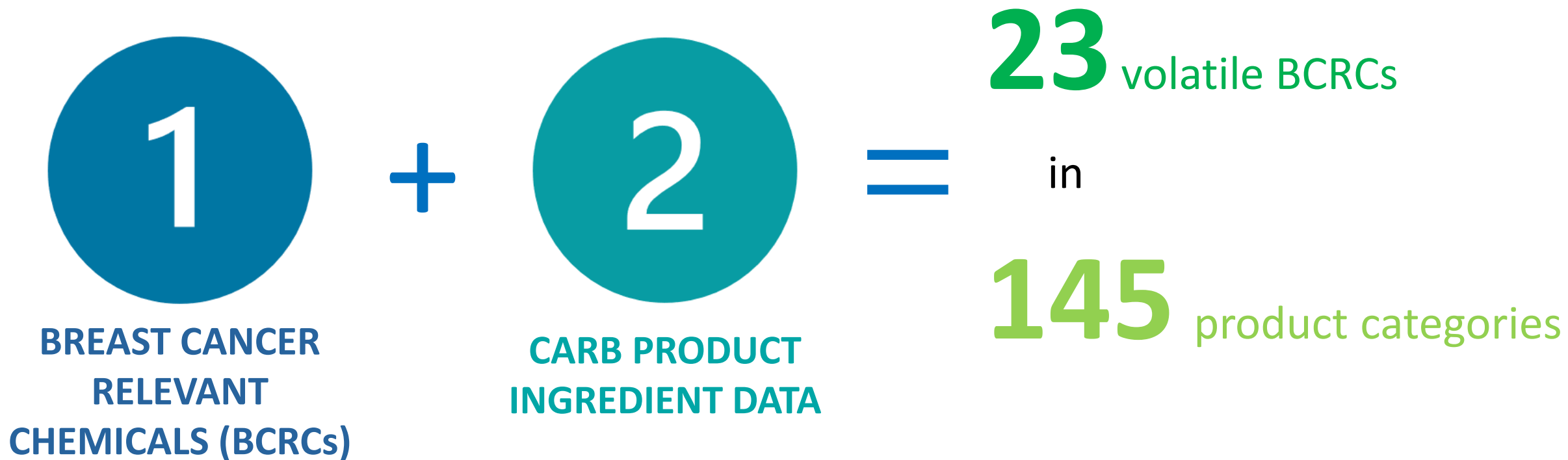
- Cross CARB emissions data with Prop 65 list of cancer and reproductive/developmental hazards
- Highlight chemical **ingredients** and **product categories**
- Identify and quantify **emissions**

# 33 Prop 65 VOCs in 105 Product Categories

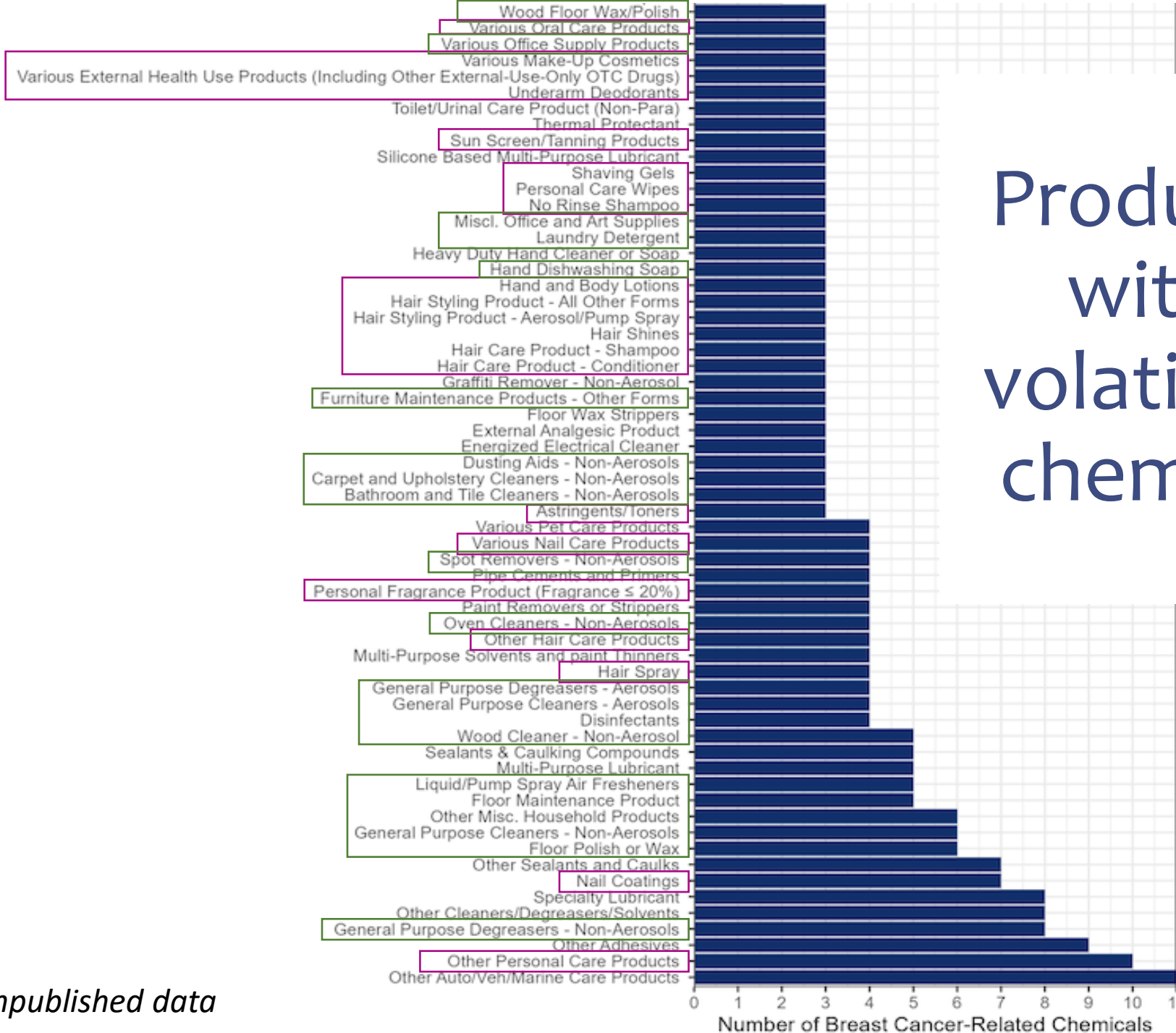


# 5,000 tons of Prop 65 chemicals emitted from CA products





# Product categories with 3 or more volatile BC-relevant chemicals (BCRCs)

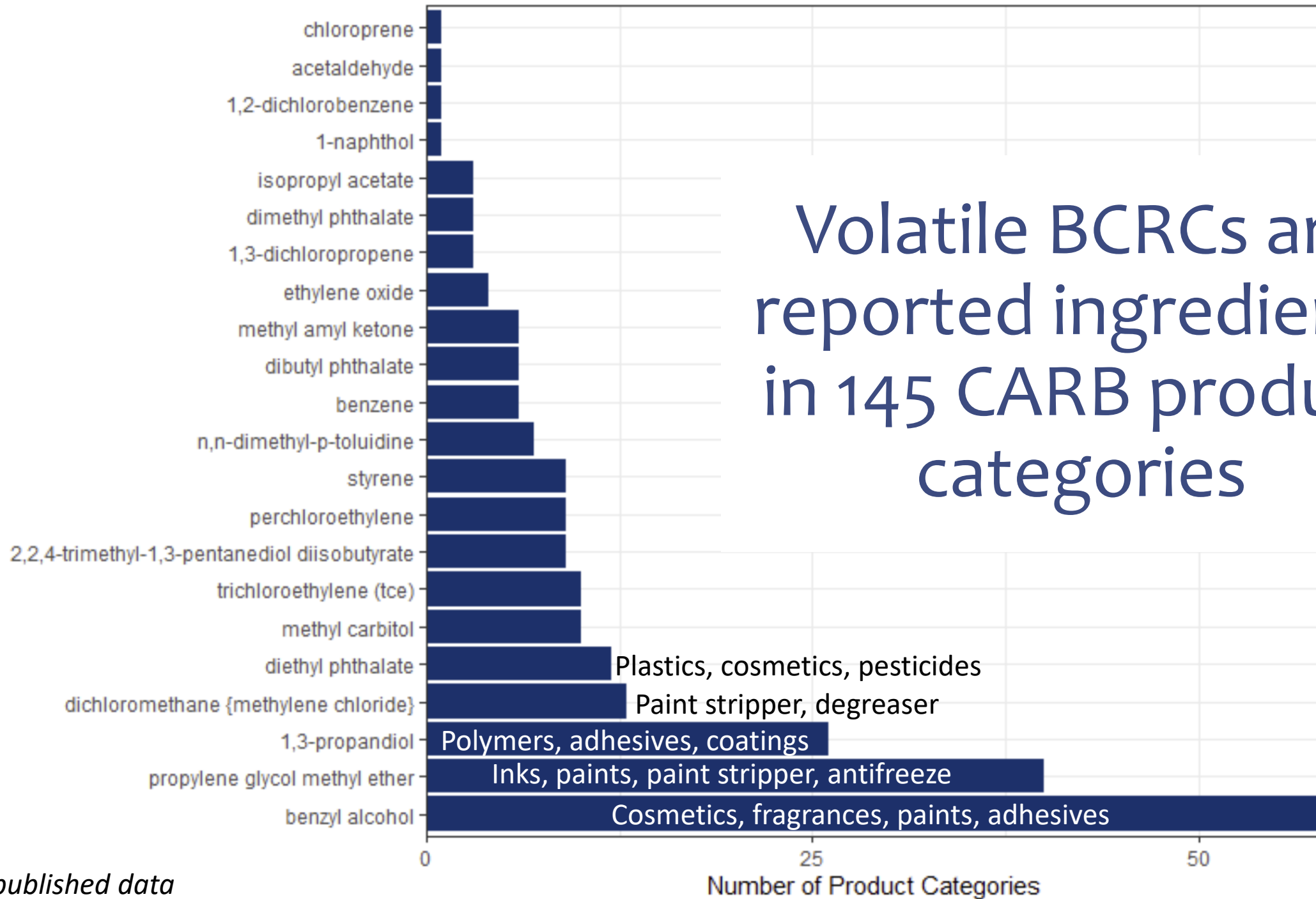


Personal care products

Household products



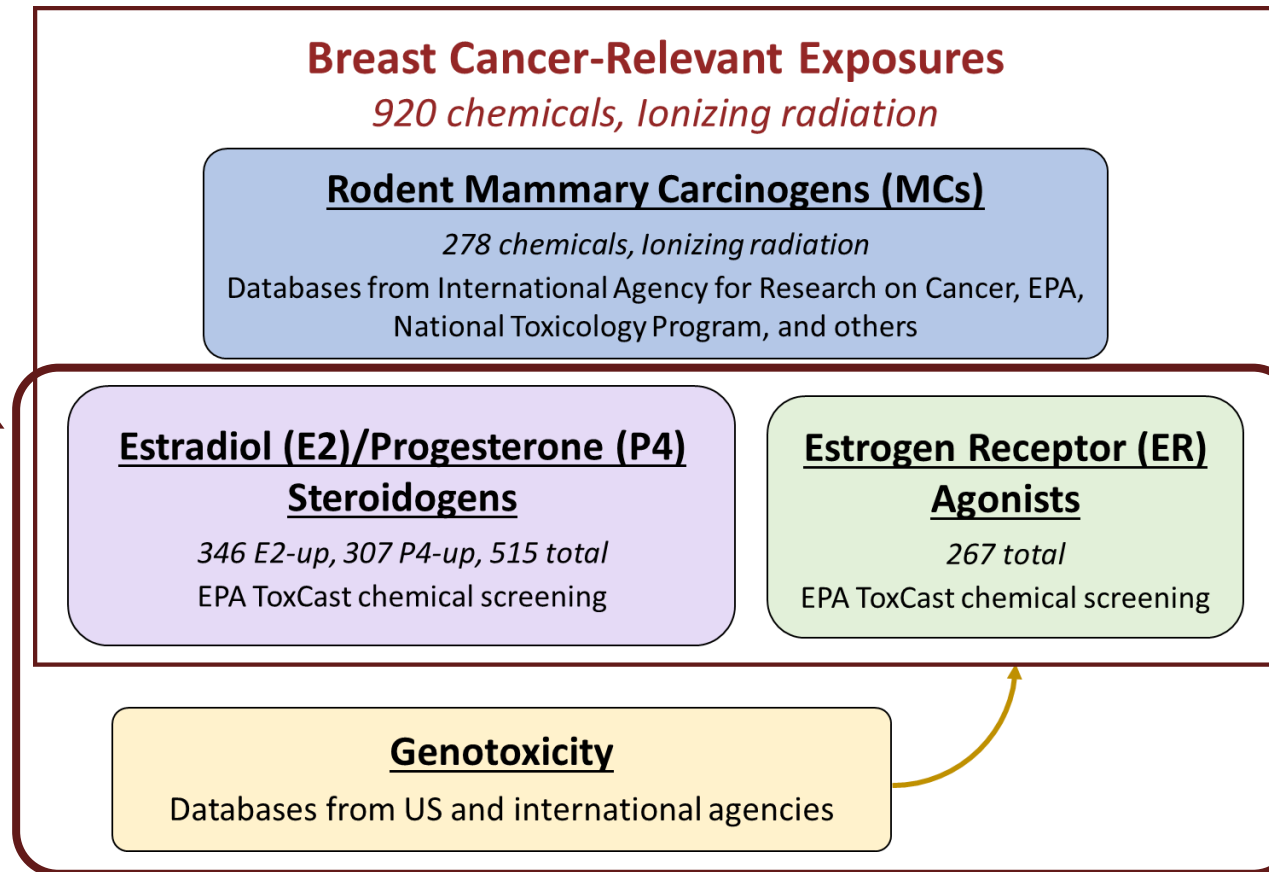
# Volatile BCRCs are reported ingredients in 145 CARB product categories



# Summary: Setting priorities through hazard identification and exposure characterization

## Key Characteristics of Breast Carcinogens

- Mechanistic flags for concern, even in absence of *in vivo* data
- Measurable in high throughput assays



## Prioritize for reduction based on

- Biology
  - Animal tumors
  - Magnitude of effect
  - Combination of EDC + Gentox
- Exposures
  - Common sources
  - Heavy usage
  - Intake levels
  - Emissions

# Acknowledgments



silentspring.org

## Supported by

- NIEHS K01 ES036182
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Kay et al, *EHP* 2024  
Key Characteristics  
to ID BCRCs



Shakti et al, *ES&T Letters* 2024  
BCRCs in plastics



Knox et al, *ES&T* 2023  
Air emissions of Prop  
65 VOCs